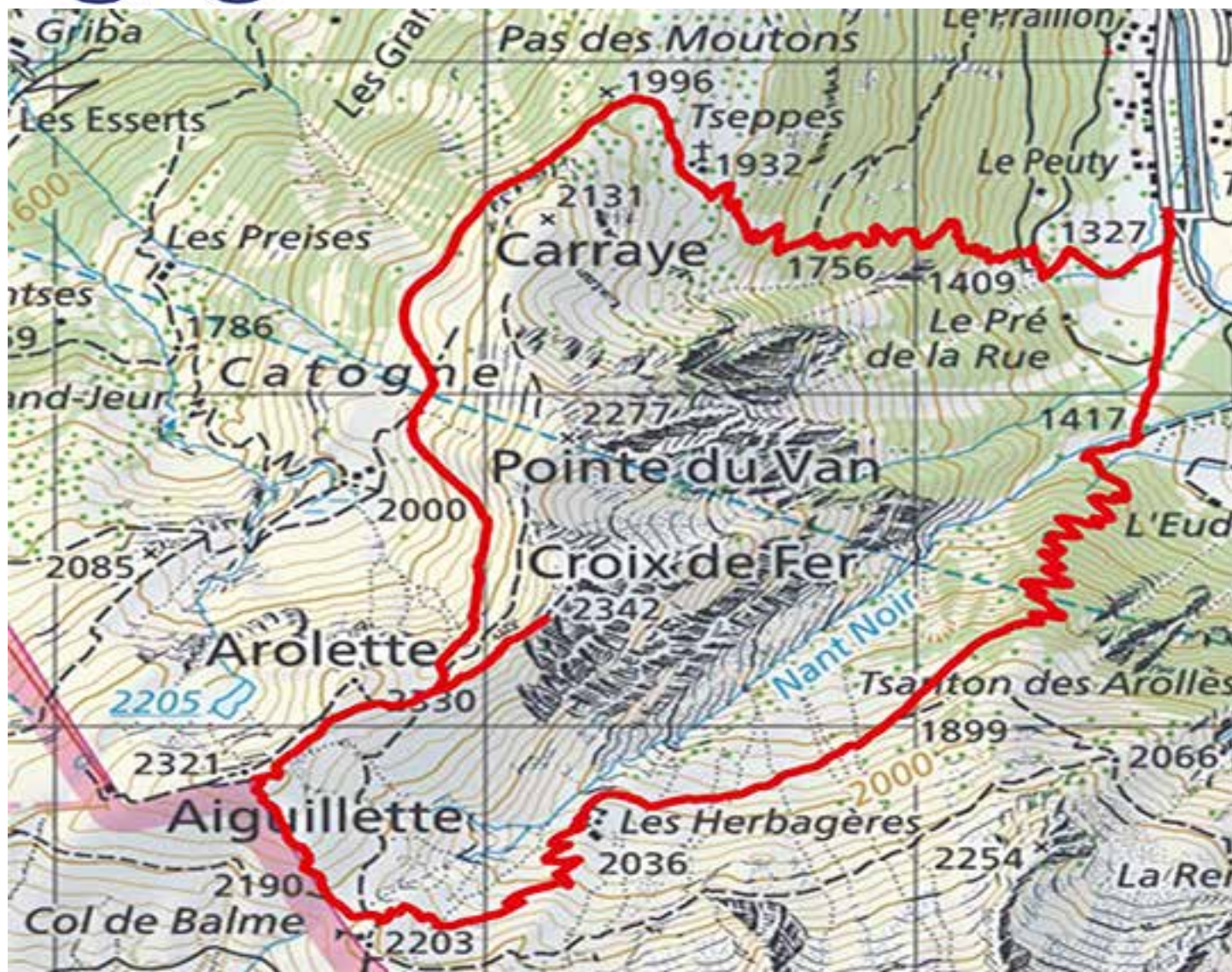




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Trient - col de Balme



Le Peuty (Trient) col de Balme

Autres	▼
Date	30.08.2019
Longueur	11.24 km
Mont. / Desc.	1'095 m/1'095 m
Alt. min/max	1'327 m/2'317 m
A pied en été ▼	5 h 12 min



Location: Commune of Trient after the Forclaz pass above Martigny

Description: difficult hike, very steep climbs and descents

Total length: about 12 km

Walking time: about 5 to 6 hours

Elevation: +1'100 meters / -1'100 meters

National hiking map 1: 50'000: 282 Martigny

Best period: June to October (depending on the snow cover)

Difficulty : T3

Start

From Le Peuty (municipality of Trient), the route begins opposite the Le Peuty refuge. Follow Col de Balme, Les Herbagères for 100 meters and turn right towards Les Tseppes. Then follow the Pas des Moutons and follow the western slopes of the Pointe du Van and the Croix de Fer. After about 1 km, the path forks for Col de Balme via Vallorcine or via Arolette. Follow Arolette. Once at the pass, climb towards the Croix de Fer to admire the panorama. To reach the Col de Balme from Arolette there are two variants, either via L'Aiguillette (that's one more summit!), or directly down to the Col de Balme. From the Col de Balme, descend towards Le Peuty, Trient to reach the starting point.

Practical information

The route described passes through the Tseppes and Pas des Moutons and to avoid the crowds of hikers of the Tour du Mont Blanc who take the direct route to the Col de Balme from Le Peuty. Very nice hike with two peaks to reach (La Croix de Fer and Aiguillette).

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